1 1 m	2	3	4	5 GyneSlim.com	6	7	8	9	10
11	12	13	14	15 GyneSlim.com	16	17	18	19	20
21	22	23	24	25 GyneSlim.com	26	27	28	29	30
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31	32	33	34	35 GyneSlim.com	36	37	38	39	40
31 41	32 42	43	34 44		36 46	37 47	38 48	39 49	40 50



Instructions

Print this page on an 8.5 x 11 inch sheet of paper
Print at 100% size with no scaling, do not "scale to fit page"
cut the six 10 inch strips leaving theextra space on the right side fo the strip. Use this space to overlap the next strip and tap it or glue it down



THE FASTEST WAY

TO A FLATTER CHEST!